



LYNFIELD
COLLEGE

NEWSLINK

NEWSLETTER 11 | 29 JULY 2022

From Principal Cath Knell

Kia ora koutou, Welcome to Term 3

Our Korowai Value this term is **Hinengaro wawata**. The current focus on **creativity** was certainly in evidence in the last week of Term 2 and over the holidays with the student led Culture Week and School Ball. Both are such important events of the Lynfield College calendar. It is a credit to those involved in the planning that these were able to be despite Covid restrictions. The staff at the Ball venue were highly complimentary about our students and the standards they set for themselves.

School tours, open evening, enrolments for 2023

Further compliments about our students were received after the recent School in Action tours. Our student tour guides were reported to be enthusiastic, knowledgeable and personable. They certainly made the Yr8 students and their whānau feel at ease. We are looking forward to meeting more of next year's Yr9 students at Monday night's Open Evening.

Enrolments have opened and are being submitted online at:

www.lynfield.school.nz/Enrolment

International Students Return

With the borders reopening we were delighted to welcome 12 new International students to Lynfield. They are keen to become fully involved in everything that is on offer at Lynfield and are settling in well.

Board Elections

With the upcoming triennial Board elections scheduled for September we look forward to having conversations with those considering standing as a candidate. Nomination papers for this close 12 noon, Wednesday 3 August, 2022.

Noho haumarū - stay safe and well

Cath Knell | Tumuaki | Principal

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Hui Whānau and Talanoa Family Meeting

Nau Mai, Haere mai, kia whakanuitia tēnei wā whakahirahira.

You are warmly invited to a joint Hui Whānau/Talanoa/family meeting at Lynfield College on Thursday 4 August from 6.00 – 7.30 pm in the hall.

We will have the opportunity to watch three of cultural groups, meet and greet new staff, introduce our Student Leaders and share a meal together. You are welcome to bring a cultural dish/kai to contribute.

Please bring along your whānau/aiga/families and RSVP via email to J Leauga, HOD Māori: jleauga@lynfield.school.nz.

Please include your family name and the number of people attending from your whānau.

We look forward to seeing you.



School Board Parent Election 2022

If you're passionate about the education and future of students in our community, then please consider standing for the Lynfield College School Board. You'll be involved in everything from setting the curriculum and planning for the year ahead, to supporting the principal with raising student achievement and working through a variety of issues that may affect our school ...

... it's a big responsibility and a true privilege.

School Boards bring local knowledge and values to the leadership and decision making of schools, and work with principals, school staff and whānau to help rangitahi reach their potential.

Nomination papers have been emailed to our caregiver community, if we have your email address on file, OR they are available from our school Reception. Send your completed nomination form to Canterbury Education Services (CES) who have been contracted to run the election for processing.

Nominations close on Wednesday 3 August at 12 noon. Election day is Wednesday 7 September.

We look forward to your participation in this process.



Wayne Jamieson, Returning Officer

CES | 89 Nazareth Avenue | Middleton | Christchurch | PO Box 414 | Christchurch 8140

P (03) 338 4444 | Cell 021 399 744 | Web www.cessl.org.nz

Welcome to our NEW International Students

It is a pleasure to welcome 12 new international students to Lynfield College this week who will be here for up to one term.

These students come from France, Germany, Italy, Japan, Luxembourg, Spain and Vietnam are looking forward to a great New Zealand study experience and to learn a little of New Zealand culture, to improve their English and to make friends.

Please make them welcome!



Term 3 Parent Student Teacher (PST's) Conferences

A reminder our Term 3 Parent Student Teacher (PST's) Conferences will be held on Thursday, August 18 (1pm to 7pm) and Tuesday, August 23 (1pm to 7pm).

The focus of the meetings will be academic progress and course selection. Parents /caregivers will have the option of meeting face to face or online with their child's Hui mai teacher. Bookings will be made through Schoolpoint and instructions will be shared with parents / caregivers via email on August 5th.

Reports

Senior reports will be on the portal on Tuesday Aug 16 (ready for PST Conferences). This report will focus on the progress your child has made in subject areas.

PISA Testing

As foreshadowed in an earlier newsletter, Lynfield College is participating in the 3 yearly International PISA Tests. Approx. 70 of our Year 10 and 11 students have been randomly selected by the Ministry of Education. If your child has been selected to participate you will receive an email in Week 2 outlining what PISA is, why it is important and what the tests involve. This is not a high stakes test for students, it is a study that compiles student data across the system. The students will also receive a letter next Wednesday afternoon when they attend an information presentation. The testing is on August 10 and is administered by Ministry of Education administrators. Lunch will be provided for the participants.

LITNUM Pilot Assessments

Our LITNUM Pilot Assessments ran very smoothly in late June. With the support of their whanau and teachers, our Year 10 and Year 12 students remembered their NZQA logins and arrived with devices fully charged. Well done students! A big thank you to the teachers and staff involved. The planning and preparation you put in since Term 1 certainly helped to ensure the process was a success. We hope Phase 2 in September goes just as well. Results are due to be released mid-August.



GoodSpace Schools

This year, Lynfield College is working with a wellbeing team from GoodSpace Schools Ltd. to create a more integrated, personalised response to the wellbeing needs of our school. This includes all students completing a confidential wellbeing survey. This will be completed during Hui mai sessions over the next few weeks. The survey is a youth friendly, secure online survey, based on an evidence-based framework for schools to be able to identify students who may need support.



This survey is endorsed by the Ministry of Education. As a result of the survey, all students with identified needs will be followed up by a counsellor and offered appropriate support, with students of higher needs prioritised.

School Ball 2022

On Thursday 21st of July, we held our annual school ball at the Pullman Hotel. This year's theme was "City Of Stars" and everyone looked incredible! It was really lovely to see so many students and staff there, enjoying their magical night. It was a privilege to deliver this experience to them. The venue was stunning and brought to life by the students' dance moves. From the dancefloor to the buffet, to the photobooths, seeing everyone together was a great way to end our holidays! And the Ball Winners were:

KING: Jack Gibbs | QUEEN: Rhiannon Taylor | PRINCE: Kurt Guevarra (partner of Viola) | PRINCESS: Viola Sachse
BEST DANCER: Centi Auva'a | BEST DRESSED STAFF MEMBER: Mr Gapes

A special thank you to our Heads and Deputy Heads Sophie, Kartik, Oliver and Teesha, plus Ava and Alexander (Social-Co-ordinators) and the Ball Committee for the time and energy they put into creating this special evening!



Working Towards Achieving NCEA

With PST (Parent, Student, Teacher) Conferences coming up soon, now is a great time to discuss your child's progress towards NCEA with them!

The Parent Portal <https://lynfield.mystudent.school.nz/> is a good place to look at their achievement. If you have misplaced your password contact admin@lynfield.school.nz. There may be standards your child has achieved that are not yet published to the portal. You may also like to check their progress towards the literacy and numeracy requirements of NCEA.

This week is week 22 of around 33 weeks that senior students are at school, and we would expect most students to have a good number of credits so far this year.

Now is the perfect time to have a conversation with your child as to how they are going, how many credits they have already achieved and have they been offered any more. Ask them if this is where they were hoping to be and, if not, what support they need to improve on these results.

Together we can all help them to achieve the best results.



Year 13 Pacific Island Leaders of Tomorrow

The Year 13 Pacific Island Leaders of Tomorrow (PILOT) Polokalame took place at MIT Manukau Campus this year. On Wednesday 6 July Pacific liaison from many Tertiary organisations facilitated workshops with our students, embracing the core elements of academia and cultural identity.

The inspirational speaker Counsellor Efeso Collins shared his story and expressed the reality of what people have to navigate in the world. Students were encouraged to work on their Leadership and Resilience skills and be Accountable, connect with their ancestry and take leadership roles as young Pasifika to change the narrative.

The programme gave time to future focus and plan first steps for transitioning on from school. Each student was presented with a PILOT Graduation badge for their final year on the programme.



"It was a great opportunity to learn more about my Pacific Island culture. It really was nice seeing other people that I could converse with about our similarities. Overall, a wonderful experience and I would recommend the programme to future students".

Cultural Week 2022

In Week 10 of term 2 Lynfield College held a Cultural Week to celebrate the rich diversity of our school. This week was long awaited, with students and staff alike working tirelessly to organise events and performances. Cultural Week consisted of Cultural Performances, a Korean Tea Ceremony, a Cultural Non-Uniform Day and a Cultural Fashion Show, with festivities spread out across the week. During lunchtimes, students, staff and family members got to watch amazing dancing, singing and other musical performances. Other activities included being dressed up in Hanbok and participating in a traditional tea ceremony, a fashion show of students and teachers in cultural attire, and a day in which all students were invited to dress up and showcase their cultural clothing. ***Fabulous photos thanks to Vini Laga'aia.***



Lynfield College is extremely proud of the 60+ cultures that make up our students and staff, and we had an amazing week watching everyone embrace the melting pot of cultures at Lynfield. The Arts and Cultural Team would like to thank everyone who put in the effort to make Cultural Week an amazing experience. With our amazing group leaders, Ms Phelan and Ms Wichman-Kelly as our Cultural Coordinators, and Mr Waddington on Lighting and Sound, Cultural Week has been a special highlight of 2022.



Sports Scene

House Competition

The final few games of House netball will be played at lunchtime when the weather allows. Senior and junior volleyball will take place in the Lower Gym over the next few weeks.

Mt Maunganui Exchange

The annual Lynfield/Mt Maunganui will take place at Lynfield on Thursday 11 August – hopefully on a beautiful sunny day! This exchange has been a highlight on the sporting calendars of both schools for 58 years. The top teams in 6 codes will compete for the overall trophy based on the number of games won and lost. Most games will be played at school although hockey will be played on the Mt Roskill hockey turf. There is always intense rivalry ... and a lot of fun.

Lynfield Alumni Competing at the Commonwealth Games

This will be a great sporting event to watch but we are really excited to be able to follow two of our past students who will be competing at the Commonwealth Games in Birmingham. **Photo credit: New Zealand Olympic Committee.**



Tyla Nathan-Wong (2012) | Womens Rugby 7s



Maddi Wesche (2017) | Women's Shot Put

TEAM TALK

The winter sports season has resumed and we will have a number of teams playing quarter and semi-finals in their competition in the next few weeks. A summary of team progress will be in the next bulletin.

Best Wishes and Good Luck to Mia Powell

Mia Powell is competing in the Under 20 Athletics World Championships held in Cali, Colombia from the 2nd –7th August in the 400 metres. We wish her all the best.



If your son and/or daughter has achieved representative status (Auckland or New Zealand) or has competed in such events the Sports Office would very much like to hear about this. Please either ask them to bring proof of the team they made/ level they achieved (e.g. certificate, letter of selection etc.), so we have the exact wording of their achievement, or email these details to fwalbran@lynfield.school.nz

A Guide on Face Masks and How to Wear Them



Information about providing masks to the public

We're encouraging mask use to help stop infections from spreading

As we progress through the winter season, we are seeing a rise in respiratory illnesses like colds, flu and COVID-19.

This is continuing to put pressure on our hospitals and local healthcare providers, and our most vulnerable people are at risk of getting very sick.

Wearing a face mask helps stop infections spreading between people, especially when we are inside and close to others. We want to encourage people to keep wearing their masks over winter.

Te Kāwanatanga o Aotearoa
New Zealand Government

Unite
against
COVID-19

Te Whatu Ora
Health New Zealand

MINISTRY OF
HEALTH
MANATŪ HAUORA



Supporting information

Along with the masks, please also provide people with an instruction leaflet about medical masks and/or P2/N95 particulate respirator masks.

The guidance will help them to make sure they are protected when wearing the masks.

Contact

If you have any questions, or you require assistance please contact covid-19testing@health.govt.nz

For more information, head to:



Covid19.govt.nz



UniteAgainstCOVID19



@covid19nz



uniteagainstd19



@covid19nz



Te Kāwanatanga o Aotearoa
New Zealand Government

Unite
against
COVID-19

Te Whatu Ora
Health New Zealand

MINISTRY OF
HEALTH
MANATŪ HAUORA

Protecting our communities

To reduce the spread of winter illnesses and help keep everyone safe, we are making it easier for people to access face masks.

We are working with healthcare providers and rapid antigen test collection sites around the country to offer masks to New Zealanders for free.

Thank you for supporting this important initiative, you are helping us reduce the amount of people getting sick and those needing hospital or primary care.

Types of masks

The masks you may have been provided to give to people are:



Level 2 ear loop medical masks



P2/N95 particulate respirators

Medical masks provide people with good protection from COVID-19, the flu and other illnesses when worn correctly. These masks are a suitable choice for most people.

P2/N95 particulate respirators can offer the wearer extra protection against breathing in viruses. When worn correctly these masks will best protect people who have a higher risk of getting very sick from COVID-19.

People who are at higher risk of severe illness with COVID-19

The Ministry of Health has identified the groups of people at higher risk of more severe illness if they contract COVID-19 who would benefit from free P2/N95 particulate respirators. This includes people:

- with compromised immunity
- with high-risk medical conditions
- with a disability
- who are older
- who live in aged care facilities
- who are pregnant
- who live with mental health conditions or addictions
- of Māori and Pacific ethnicity
- who smoke

For more information about higher risk people, visit:

<https://www.health.govt.nz/covid-19-novel-coronavirus/covid-19-information-specific-audiences/covid-19-higher-risk-people>

Helping people choose the best mask for them

People may not have heard they can get masks for free, or they might not know why wearing a mask is so important for protecting their health.

You can use the information in this leaflet to help people understand and to guide them on choosing a mask that is best for them to wear to protect themselves.

To help a person decide on the type of mask to choose, ask the person if they fit into any of the higher risk people groups.

- If they do, a P2/N95 particulate respirator is likely to be the best type of mask for them to wear. However, it could also be helpful to provide them with some medical masks to use in case they find a particulate respirator too uncomfortable e.g., if they find they are struggling to breathe properly.
- If they answer 'no', they are not considered to be a high risk individual and a medical mask is the most suitable choice.

When you know the right type of mask to give to someone, you can discuss with them how many boxes they and/or their whānau will need.

Medical masks

When worn correctly, medical masks will provide you with protection from COVID-19, the flu or other illnesses.

To work properly, your medical mask needs to fit well and have no gaps around the edges of the mask. You can improve the fit of your medical mask by:

- tying small knots in the ear loop elastic, or
- if you have your own fabric mask, you can put it over the top of a medical mask.

It is important that you learn how to put a medical mask on properly to make sure you're protected.

How to put on a medical mask

Follow the instructions below for how to put on your medical mask and to check that it is fitting well.



Clean your hands.



Check the mask isn't damaged, dirty or wet before you use it.



Hold the mask by the elastic ear loops on each side.



Bring the mask up to your face to cover your nose, mouth and chin.



Hook the elastic loops behind your ears.



Pinch the mask at the nose.



With one hand, hold the mask against your nose and with the other, grab the bottom of the mask and gently pull it down underneath your chin.



Fit the mask well to your face, pushing down firmly along your nose and cheeks.



Check the edges of the mask to make sure it's fitting well and there are no big gaps.

How to remove a medical mask

Follow the instructions below for how to take off and throw away your medical mask safely.



Remove the mask by unhooking the ear loops and drop into a rubbish bin.



Clean your hands.

P2/N95 particulate respirators

A P2/N95 particulate respirator, also known as a 'P2/N95', is a type of mask that can offer the wearer extra protection.

When worn correctly these masks will best protect people who have a higher risk of getting very sick from COVID-19¹.

To work properly:

- The P2/N95 needs to fit very closely to your face so there are no gaps around the edges of the mask.
- Your nose, mouth and chin must be covered.
- No air should leak from the edges of the mask when you breathe out².

If wearing a P2/N95 mask is the right option for you, it is important that you learn how to put one on properly to make sure you're protected.

How to put on a P2/N95 mask

Follow the instructions below for how to put on your P2/N95 mask and to check that it fits tightly to your face.



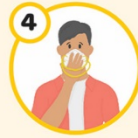
Clean your hands.



Check the mask isn't damaged, dirty or wet.



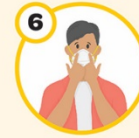
Hold the mask in your hand with the nose wire at the ends of your fingers and the elastic straps hanging down.



Bring the mask up to your face, with the bottom edge of mask under your chin and the nose wire at the top, covering your nose, mouth and chin.



Pull the top strap over your head, placing it above your ears. Then, pull the bottom strap over your head, placing it at the back of your neck and below your ears. Do not crisscross the straps.



Fit the mask well to your face, pushing down firmly along your nose and cheeks.



Check the edges of the mask for gaps. Place your hands on the mask (cupping the sides) covering as many edges of the mask as possible, then breathe out. If you feel air leaking out from any edge of the mask, or if you are wearing glasses and they fog up, the mask is not fitting tightly enough. Adjust the mask and try again until you feel no air leaking.



Check for gaps every time you put on your particulate respirator mask.

How to remove a P2/N95 mask

Follow the instructions below on how to take off and throw away your P2/N95 mask safely.



Pull the straps up and over your head, and drop the mask into a rubbish bin.



Clean your hands.

¹ People at a high risk of getting seriously ill with COVID-19 include those with low immunity, with some health conditions, with a disability, who are older, who live in aged care facilities, who are pregnant, who live with mental health conditions or addictions, are of Māori and Pacific ethnicity, who smoke or are unvaccinated. Read more: <https://covid19.govt.nz/prepare-and-stay-safe/people-at-higher-risk-of-severe-illness-from-covid-19>

² Jewellery, glasses and facial hair can cause gaps between your face and the sides of the mask. A particulate respirator works better if you are clean shaven.